

May 2018

PLEASE NOTE: Please reserve your lunch 24 hours in advance. *If you miss 2* or more lunches, your name will be removed from the list. *24 hour cancellation notice is requested*

SENIOR MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Meat Loaf Garlic mashed potatoes & gravy Roasted corn Roll Apple crisp Yoga Demo-10:30	2 Roasted lemon pepper chicken Herb mashed potatoes & gravy Seasoned peas Roll Jell-O w/ pears Self-care presentation	3 Swedish meatballs w/ white rice Carrots Mixed fruit cocktail Roll	4 Soft shell taco Mandarin oranges Rebecca Hesson
7 Country-fried steak Potatoes & country gravy Mixed veg Diced pears Roll	8 Beef lasagna Green beans Garlic bread Brownie Red apple Utah Home, Health & Hospice Balance Clinic 11-12 PM	9 Creamed chicken over rice Cali blend veg Roll Fruit crisp Understanding Insurance After a Hospital Stay	10 Sloppy joe w/ bun Potato salad Pork and beans Orange	11 Roasted Pork Au gratin potatoes Green beans Apple sauce Roll Cookie Louise Payne
14 Salisbury steak Mashed potatoes & gravy Mixed veg Roll Pears Patti Miner 11:30	15 Kalua pork w/ Hawaiian rice Seasoned corn Pineapple Cookie Roll	16 Chicken salad wrap Italian pasta salad Kosher pickle Diced pears Brownie Molina Social 12:30 pm	17 BBQ chicken quarters German potato salad Green beans Apple Roll Katie Liddle	18 Turkey breast Mashed potatoes & gravy Crinkle carrots Roll Diced pears Birthday Lunch-Hal Hooper
21 Sweet & sour chicken w/ white rice Stir fry veg Orange Fortune Cookie	22 Cold cut subs (Ham & roasted turkey w/ provolone cheese) Potato chips Apple	23 Chicken pot pie Biscuit Sliced peaches Brownie	24 Honey-baked ham Scalloped potatoes Diced beets Corn bread Tropical fruit	25 Garlic roasted beef round Roasted baby potatoes & gravy Seasoned peas Diced peaches Roll
28 Happy Memorial Day! No lunch	29 Shepherd's pie Seasoned carrots Cottage cheese w/ mixed fruit Brownie	30 BBQ pulled pork Au gratin potatoes Seasoned corn Apple Roll	31 Malibu chicken w/ honey mustard sauce Au gratin potatoes Seasoned corn Roll Mandarin oranges	<ul style="list-style-type: none"> Lunch is served at 12:00PM Patrons on waitlist may be admitted at 12:10PM

*Contact Senior Programs Specialist, Bethany, with any questions, sign ups, or cancellations: (801)852-6043 | Hours: 10AM-2PM, Monday-Friday